



CO-OCCURRING STATE INCENTIVE GRANT PROJECT

Co-Occurring Substance Use & Mental Illness Disorders: The Public Mental Health Challenge¹

- Over ½ of adults with severe mental illness in state health systems also have a substance use disorder.
- If provided separately, treatment for individuals with a dual (or **Co-Occurring**) disorder – having both a substance use problem and a mental illness – is often ineffective and unnecessarily expensive.
- When treatment for both disorders is provided together, recovery rates improve while costs decrease.

Effectively treating Co-Occurring Substance Use & Mental Illness Disorders¹

Provider Knowledge: Know illicit substances' effects and their interactions with mental illness.

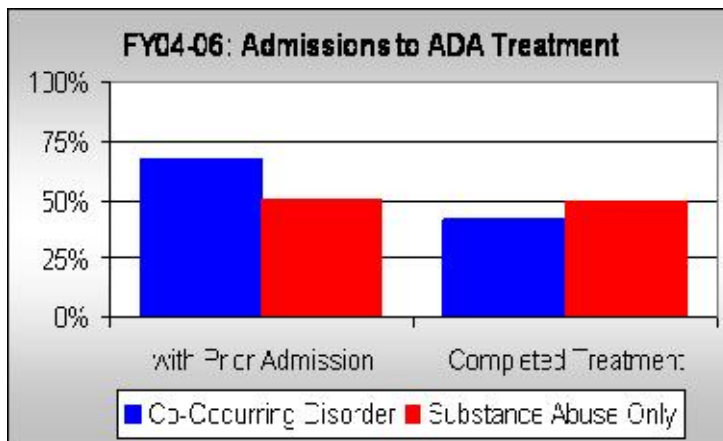
Integrated Services: Provide services for substance use and mental illness at the same time, including medicine assisted treatment.

Progression of Care: Tailor services to the stage of the client's recovery.

Include the Client: Collaborate with each client to develop an individualized treatment plan.

Motivate the Client: Use listening and counseling skills to nurture clients' awareness, hopefulness and motivation for recovery.

Teach the Client: Help the client – such as through mutual self-help groups - develop the skills and find the support needed for recovery.



What are the Challenges facing Missouri?

- Over ½ of clients assessed at ADA-supported treatment programs participating in the Co-Occurring State Incentive Grant Project had a co-occurring disorder.²
- Clients with a psychological problem were:
 - less likely to complete treatment,
 - were more likely to have received prior detoxification, outpatient or residential treatment services, and
 - more likely to be white, divorced or separated, and unemployed and without income.³

ADA is Meeting these Challenges!⁴

The Co-Occurring State Incentive Grant Project has:

- ...increased awareness of state-wide need for more appropriate treatment services,
- ...provided cross-training and facilitated communication for treatment providers,
- ...standardized screening & assessment tools,
- ...decreased institutional impediments to individualized treatment, and
- ...increased agencies' capacity to appropriately treat clients with co-occurring disorders.

What does Missouri's future hold?³

- The Co-Occurring State Incentive Grant Project will:
- ✓ develop certification standards for programs serving clients with co-occurring disorders, and
 - ✓ credential counselors in these programs.

1. Center for Substance Abuse Treatment. *Substance Abuse Treatment for Persons with Co-Occurring Disorders*. Treatment Improvement Protocol (TIP) Series 42. DHSS Publication No. (SMA) 05-3922. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2005.

2. Missouri Department of Mental Health, Alcohol and Drug Abuse. Co-Occurring State Incentive Grant Project. Technical report on file.

3. Missouri Department of Mental Health, Alcohol and Drug Abuse. MADA_General_Stats_FY2004-06 data tables (first admission only).

4. COSIG Update, January 29, 2007. Alcohol and Drug Abuse, Missouri Department of Mental Health.